

**Your MAP can help you  
find a solution**

**How Do I Request Help?**

**Call 1-800-937-7770  
collect at 707-747-0117**

The help line is available 24 hours per day. The program staff will refer you to the most appropriate resource for your issues. You will be referred to local counselors and treatment centers, self-help programs and other sources of immediate assistance.

**What if My Co-Worker or Family  
Member Needs the Help?**

First, strongly encourage him or her to call the MAP. It's private and services are 100% paid for by your Trust Fund. Union representatives, family members and coworkers should call the MAP for consultation when someone you work with or who is close to you has a problem. The MAP can help you find a Solution!

**Services  
Available  
Nationwide  
1-800-937-7770**

**[www.callhba.com](http://www.callhba.com)**

**Human Behavior Associates, Inc.  
1350 Hayes Street, Suite B-100  
Benicia, CA 94510  
Phone: 707-747-0117  
Fax: 707-747-6646**



**SUP Welfare  
Plan, Inc.**

**MEMBER  
ASSISTANCE  
PROGRAM**

**"Treating People Right"**





# Member Assistance Program

## What Is A Member Assistance Program (MAP)?

The MAP is a confidential, professional resource that is provided by your Trust Fund. With a staff of counselors, psychologists and other helping professionals, the program can help members and their family members resolve personal problems. The services are delivered by Human Behavior Associates, Inc.

## Who Is Human Behavior Associates (HBA)?

Human Behavior Associates is a private firm that specializes in providing employee counseling and assistance programs. The staff is composed of psychologists, clinical social workers, marriage and family therapists and addictions counselors. All counseling staff members are in private practice and readily available. Day, evening and Saturday appointments are available.

## What Specific Services Are Available?

- No cost counseling services with licensed, professional counselors.
- Assessment, Referral and Case Management of Alcohol and Drug Treatment Services that are funded by the Trust Fund for Employees only.
- Referral services for community resources, self-help support groups, eldercare and childcare resources and other services.
- Access to a Resources Directory with 1000s of helpful national and local resources.

## Is The MAP Private?

All contact between employees and the MAP is strictly confidential. All health information will be used, disclosed and maintained by HBA in accordance with the privacy and security requirements of the Health Insurance Portability and Accountability Act of 1996, as amended ("HIPAA").

## How Much Does it Cost?

You or your dependent may see a licensed counselor at no cost. Your Trust Fund has contracted with HBA to provide a specific number of no-cost counseling sessions. For continued treatment you will be referred to your medical plan. There may be charges for continued treatment.

## Who Pays For The MAP?

The services of the MAP are 100% paid for by your Trust Fund. The organization recognizes that the member with a personal or family problem is not an effective employee. Therefore, this program is an investment in the quality of work life for all members. It is sincerely hoped that members with personal or family problems will make use of the services.

[www.callhba.com](http://www.callhba.com)