

## COVID-19 Testing Procedure for the Seattle-Tacoma Region


Discovery Health MD (DHMD) is Matson’s vendor for COVID-19 testing in the Seattle-Tacoma region. Matson vessel crews (existing and new-hires) and Matson shoreside employees shall use the following procedure for getting a COVID-19 test:

For crew, pre-employment COVID-19 testing shall be required for all new crew, but standys and port relief (casual day labor) shall be exempt from this requirement. A negative COVID-19 test result must be received by Matson’s Crewing Dept during the dispatch process, prior to the new crewmember being accepted and cleared to turn to on the vessel.

1. Register for your test online **AS SOON AS POSSIBLE** at:  
<https://discoveryhealthmd.com/covid19-pretest-screening/> If this is your first time testing with Discovery Health MD click on “Register”. Registering on this site is also your consent to testing.

The screenshot shows the Discovery Health MD website interface. At the top left is a yellow compass rose logo next to the text 'DISCOVERY HEALTH'. At the top right is a 'Logout' link. Below the header is a 'Login' section with two input fields: 'Email' and 'Password'. A dark blue 'LOGIN' button is positioned below the password field. Below the login section is a 'Don't have an account?' link, with a red box around the 'Register' text and a red arrow pointing to it from the left, labeled 'Step #1'. Below the registration link is a 'Set or Reset Password?' link.

2. On the next screen you’ll be asked to provide your personal information and the company identifier code, which is: **115**



DISCOVERY HEALTH Logout

Please provide the company identifier code \*

← Step #2

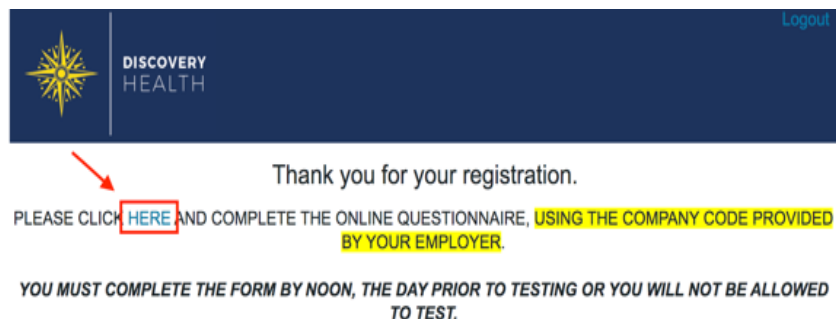
First \*  MI  Last \*  Suffix

Address \*

City \*  State / Province \*

Postal / Zip Code \*  Country \*

3. Please fill in all the fields that have stars (\*).
4. If you do not have an email to register with you can use **your first name @ your last name dot com** (e.g. john@smith.com).
5. Make sure you add your signature to consent to testing located in the box above the submit button. Use your finger to sign if you have a touch screen; used your mouse if you don't have a touch screen.
6. Click on the word "HERE" on the next page to continue.



7. Log in with the email address and password you just created to verify that you were successful in creating an account. **You do not need to do anything further on this website – log off.**
8. You will use this account to check on and receive your test results 24 hours after your test.
9. Call or email Matson's Dept Crewing (Julie Sarrico at (510) 225-5646 or jsarrico@matson.com or Cindy Shortall at (510) 882-5016 or cshortall@matson.com) to let them know that you have successfully registered.
10. Matson's Crewing Dept will enter your name onto the daily testing spreadsheet that will be sent to DHS and will let you know when and where to go for your test.
11. Your test results will be provided on the DHS website and to Matson approximately 24 hours after you are tested.

**If you have any questions, or if you need assistance, please contact Matson's Sr. Manager, Safety & Security, Jon Lane at (206) 484-5087.**